If she can imagine it, it’s possible.

#PlayLikeAGirl

Sport doesn’t build character, it reveals it.

#PlayLikeAGirl

Little girls with dreams become women with vision.

#PlayLikeAGirl

WOMEN’S CUT V-NECK - $12

Sport doesn’t build character, it reveals it.

Little girls with dreams become women with vision.

When you think about quitting, think about why you started.

Women’s cut sizes: XS, S, M, L, XL, XXL

UNISEX CREW - $12

Little girls with dreams become women with vision.

Unisex sizes: M, L, XL, XXL

LONG SLEEVED - $15

Sizes: S, M, L, XL, XXL
Front (12 reasons total)
1. Girls and women who play sports have a more positive body image than those who do not (Hausenblas, 1998).
2. As little as 4 hours of exercise per week may reduce a teenage girl's risk of breast cancer by up to 60% (Journal of the National Cancer Institute, 1994)
3. 82% of executive businesswomen played organized sports after grade school (“Girls Gain”, 2003)
4. High school girls who engage in interscholastic sports have higher odds of completing college than their non-athlete counterparts (Troutman & Dufur, 2007)
5. Sport participation reduces the risk of degenerative osteoporosis (Warrington, 2008)

ORDER SHEET

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Payment options:
- Cash
- Checks: payable to SJFC-NGWSD
- Venmo: @Emily-Dane-Staples

Distribution:
- Pick up at SJFC – schedule by email at ngwsd@sjfc.edu
- Shipping (add $2 per shirt)

Remit payment and order form to:
Dr. Emily Dane-Staples, SJFC
NGWSD – t-shirts
3690 East Avenue
Rochester, NY 14618

If shipping requested, please send to: